


PUSH INCLIP DAIS IES



TODMORDEN

NATIONAL
AWARD
WINNING
FESTIVAL!

A community-generated festival creating conversations
around death, dying and bereavement

May 7th - 13th, 2017

TOWN HALL HUB

The festival has a hub in the Town Hall this year at the following times:

Wed 10th and Thurs 11th: 10am–9pm

Fri 12th: 10–4.30pm

There will be a PUD style death café every day. Drop in for information, craft activities, exhibitions, tea and cakes, soup and bread or to make a memorial.



There will always be a Daisy person on hand (see below) as well as a huge range of talks, workshops and discussion groups over the three days.
All events in blue boxes will take place at the Town Hall.

DAISY PEOPLE

“Daisy People” are volunteers who are happy to have a conversation with anyone about death, dying or bereavement. They will be at festival events, the Town Hall Hub & about the town, feel free to talk to them. You can recognise them by their **Daisy Badge**.



FOCUS ON DEMENTIA

We are having a particular focus on Dementia at this year's festival with events throughout the week and a Dementia Day in the library on Tuesday 9th May.

All events in green boxes are dementia focused.

HEALTHY MINDS CALDERDALE

Our friends at Healthy Minds are putting on the following workshops throughout the week:

How I would like to be remembered (visual arts)
Mon 8th, 12.30–2.30pm (Golden Lion)

Stories of the afterlife (writing)
Fri 12th, 10–12pm, (New Oddfellows Hall)

Letters from the heart workshop
Fri 12th, 12.30–2.30pm, (New Oddfellows Hall)

Booking essential on 01706 810311 or
tamsin@healthymindscalderdale.co.uk

HEADS UP

Please note: we know death, dying or bereavement can be painful topics to explore. The views expressed in each workshop are those of the person running it, it's possible you won't agree with them. And it might not be the right time for you. Go safely, gently, look after yourselves. Remember you can always speak to a Daisy Person if something comes up for you and you would like to talk to someone.

SPECIAL EVENTS

THINGS LEFT UNSAID?

Angry or sad, happy or mad, many of us have things left unsaid to those who've died. This is your chance to unburden your heart, there are two ways:

1. The Last Post

Write to someone departed and send it to the library or post office where it will be kept safe and unread. At the end of the festival we will burn all these letters at the Firey Funeral Feast (Sat 13th). All welcome.

Address them to our postmaster (Post Office, 7 Brook St, Todmorden, OL14 5AJ) or drop it in to PUD Postbox at Tod Library.

2. Across the Divide Archive

Last year we began the world's first ever “Across the Divide” archive of letters to the departed. These are already on display in Todmorden library. If you would like to send yours, signed or anonymous, and dedicate it to posterity, you can either email it to: pushingupdaisiestod@gmail.com or drop it in to PUD Postbox at Tod Library any time from now.

MARKET STALL

One thing in life is certain...we're all going to die! Join us for conversations about death, dying and bereavement and find out more about plans you might like to make in advance about your own end of life.

Thursday 10am–12pm, Tod Market outside stall.

Thank yous: CMBC Festivals Fund, CFFC Todmorden Wind Farm Fund and Todmorden Town Council for their generous support; the Library Service (in particular Roberta and Jon) for always saying “yes”; the Golden Lion for their invaluable offer of rooms; Hilary for all the amazing vegan nosh throughout the week; all the amazing Event Facilitators who offer every session out of the kindness of their hearts; all Daisy people who offer their time so willingly; and the Mucker Inners for the chair stacking, bunting hanging and washing up, amongst so many other things!

ART INSTALLATIONS

“ACCOMPANY” EXHIBITION

Clare Pearl's exhibition “Accompany” considers the subject of dying. The paintings are a product of a creative process involving ‘artist walking’ in the intertidal liminal landscape near Morecambe Bay. To find out more please visit her blog at www.clarepearl.co.uk

Creative with Nature Workshop and Gallery
Wed–Sat 10am–5pm

ICONS FOR AN UNKNOWN FAITH

16 small figurative oil paintings. Dream-like idiosyncratic images. Windows for meditation on death. By John Gill, co-founder of Dead Good Guides, part of their ongoing body of influential prototypes of vernacular art taking people to places of creative transition. www.deadgoodguides.com





Town Hall Café Space
Wed & Thurs, 10am–8pm, Fri 10am–4pm

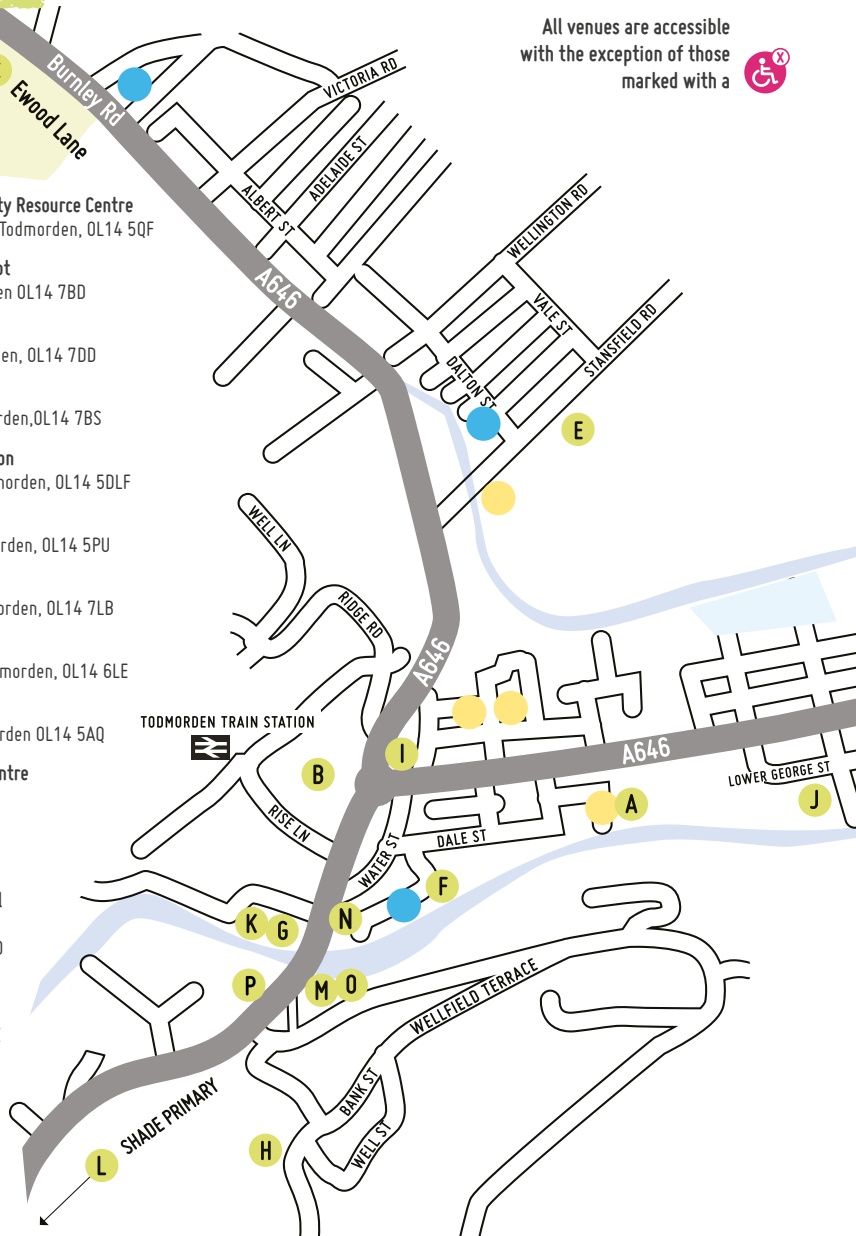
WITH-IN-MEMORIAM by Debbie Sharp

A site-specific art installation in Centre Vale Park and Todmorden Unitarian Church. Exploring ideas of death, consciousness and remembrance. Sharp has recently been artist in residence at Centre for Death and Life studies in Durham. (See also Sunday 7th, 9pm for related performance).

VENUES:

- CAR PARK ●
 - FREE CAR PARK ●
- All venues are accessible with the exception of those marked with a 

- A** Todmorden Community Resource Centre
Old Bakery, Lever St, Todmorden, OL14 5QF
- B** St Mary's Church Crypt
Burnley Rd, Todmorden OL14 7BD
- C** Fielden Centre
Ewood Lane, Todmorden, OL14 7DD
- D** Centre Vale Park
Burnley Road, Todmorden, OL14 7BS
- E** Todmorden Fire Station
Stansfield Road, Todmorden, OL14 5DLF
- F** New Oddfellows Hall
Oxford Street, Todmorden, OL14 5PU
- G** Todmorden Library
Rochdale Road, Todmorden, OL14 7LB
- H** Unitarian Church
Honey Hole Road, Todmorden, OL14 6LE
- I** Todmorden Town Hall
Bridge Street, Todmorden OL14 5AQ
- J** Todmorden Health Centre
Halifax Rd, OL14 5RN
-  **K** Union House
Hall St, OL14 7AD
-  **L** Shade Primary School
Knowlwood Road, Todmorden, OL14 7PD
-  **M** Golden Lion
Fielden Square, Todmorden, OL14 6LZ
-  **N** The Old Co-Op
29 Rochdale Rd, Todmorden OL14 7LA
- O** Fielden Wharf
Outside the Golden Lion
- P** Creative with Nature
22 Rochdale Road, Todmorden OL14 7LD



PROGRAMME

SUNDAY 7TH MAY

PEOPLE AFFECTED BY SUICIDE: DISCUSSION

SPACE TO TALK

Gillian Brooks

- TIME:** 11am-1pm
- VENUE:** Todmorden Community Resource Centre **A**
- BOOK:** gillybrooks@talktalk.net or 07410 986281
- INFO:** Max. 6 people

This peer discussion group is an opportunity to share the particular feelings associated with loss through suicide, and offers a chance to meet others similarly affected. Gillian has personally experienced loss through suicide and currently works as a bereavement counsellor.

DRAGONFLIES AND WATERBUGS WORKSHOP

Todmorden United Benefice and CICS

- TIME:** 12.30-2pm
- VENUE:** St Mary's Church Crypt **B**
- BOOK:** nancy.todbenefice@gmail.com
- INFO:** For children aged 8-11

A children's workshop based around the Dragonflies and Waterbugs story highlighting loss and bereavement. Includes fun craft activity. Run by an experienced team of people, including those qualified in counselling.

CICS is a Christian Initiative in Calderdale Schools.

ARTY FARTY STARTY PARTY FESTIVAL OPENING

Hannah Merriman

- TIME:** 2-6pm
- VENUE:** Fielden Centre **C**
- BOOK:** No booking required

A celebratory opening bash with poetry, theatre, improvisation and music featuring the amazing Gaia Holmes, Steve Anderson, Joanne Tremarco and ThreadBear Theatre. We will culminate with the rocking Mr. Wilson's Second Liners leading us in our very own funeral parade!

Vegan nosh, brews and cake, local beers served.



WITH-IN-MEMORIAM PERFORMANCE

Debbie Sharp

- TIME:** 9-10pm
- VENUE:** Centre Vale Park, at the arches under Lovers Walk **D**
- BOOK:** No booking required

"From the earth we created you and into it we shall return". Join us at dusk for a performance about death and remembrance by artist Debbie Sharp. debbie-sharp.com

MONDAY 8TH MAY

DEMENTIA AWARENESS TRAINING

Dementia Friendly Todmorden

- TIME:** 9.30-11am & 1.30-3pm
(See also: 9th & 13th May)
- VENUE:** Community Room, Todmorden Fire Station **E**
- BOOK:** 01706 813541 or Geoffrey.Shaw01@westyorkshire.gov.uk
- INFO:** Max. 10 people

These awareness sessions are to help those who care for, come into contact with or know people with dementia. The sessions will help you understand what dementia is like to live with, and how you can assist.

THE HUMAN CRY (PART 1) DISCUSSION

Daniel Weaver

- TIME:** 10am-12pm
- VENUE:** New Oddfellows Hall **F**
- BOOK:** todmordentherapy@gmail.com
- INFO:** Max. 20 people. No age or mobility restrictions, disabled friendly

What lies behind our words of grief? When words are not enough or even possible.... the body finds a way to communicate. Or if it cannot...? Discussion followed by simple physical exercises. Daniel is a psychotherapist and theatre maker. todmordentherapy.co.uk/faq/the-human-cry/

GRAVEYARDS AND BURIAL PLACES

David Cant

TIME: 10.30am–12pm
(See also: Wed 10th May)

VENUE: Walk starting from east end of St Mary's Church **B**

BOOK: No booking required

INFO: A tour suitable for all including wheelchair users

Many of the last resting places of our ancestors are no longer obvious. We will look at the ones around the centre of Todmorden and explore the different religious traditions.

RESUSCITATION—IT'S NOT HOLBY CITY

Mandy Kazmierski

TIME: 11.30am–1pm

VENUE: Meeting Room, Todmorden Library **G**

BOOK: No booking required

Come away from this session understanding what resuscitation is, facts and figures about its success, and an opportunity to consider how a decision to be or not be resuscitated might become part of your end of life planning.

THE HUMAN CRY (PART 2)

Daniel Weaver

TIME: 1.30–4pm

VENUE: New Oddfellows Hall **F**

BOOK: todmordentherapy@gmail.com

INFO: Max. 15 people. No age or mobility restrictions, disabled friendly

Further exploration into the body. This is not a dance class, but uses simple movements to explore how we hold emotional pain and how we can release or express it. Dancers also welcome. More info @ www.todmordentherapy.co.uk/faq/the-human-cry/



WALK

LEAVING YOUR MARK

Polly Blackley

TIME: 1.45–3.45pm

VENUE: Meeting Room, Todmorden Library **G**

BOOK: No booking required

Explore through writing, sharing and discussion the ways we have been shaped and changed by those we have lost. What will our legacy be in the lives of those we leave behind? Mementoes welcome. Polly is a psychotherapist and poet.

WHAT HAPPENS TO US AFTER WE DIE? A SPIRITUAL PERSPECTIVE

Marilyn Edwards

TIME: 2–4pm

VENUE: Todmorden Community Resource Centre **A**

BOOK: masewickenhill@btinternet.com

INFO: Max. 10 people

A presentation of the insights of Rudolf Steiner regarding the journey of the soul after death. Followed by conversation about these insights.

YOU CAN'T TAKE IT WITH YOU! A CELEBRATION OF DEAD GOOD TUNES

Almighty Sound & 3 Valleys Gospel Choir

TIME: 7–9pm (Doors open at 6.30pm)

VENUE: Unitarian Church **H**

BOOK: No booking required

INFO: Disabled parking only

Enjoy the splendor of the gothic revival chapel and get lost in the wonderful acoustics listening to a selection of death related songs from 3 Valleys Gospel Choir and Almighty Sound. Bar, brews and cosy blankets provided. Local Death Registers will be on display.

WRITING WORKSHOP

TUESDAY 9TH MAY

LIVING & DYING WITH ALZHEIMER'S

TALK / Q&A

Shelagh Robinson, Alzheimer Society User Involvement Board Member

TIME: 11.30–1pm

VENUE: Meeting Room, Todmorden Library **G**

BOOK: No booking required

Shelagh, 75, noticed she started to get lost driving familiar routes, found parking more difficult and struggled with her computer. What followed was a diagnosis of Alzheimer's. She's back to share how things have been since her Pushing Up Daisies festival visit in 2015

DEMENTIA AWARENESS

TRAINING

Dementia Friendly Todmorden

TIME: 1.30–2.30pm

(See also: 8th & 13th May)

VENUE: Meeting Room, Todmorden Library **G**

BOOK: Book via pushingupdaisiestod@gmail.com

INFO: Max. 10 people

These awareness sessions are to help those who care for, come into contact with or know people with dementia. The sessions will help you understand what dementia is like to live with, and how you can assist.

STAYING CONNECTED

Marilyn Edwards

TIME: 2–4 pm

VENUE: Todmorden Community Resource Centre **A**

BOOK: masewickenhill@btinternet.com

INFO: Max. 10 people

How can we stay connected with loved ones who have crossed the threshold of death? How thoughts, meditations, rhythms and imagination can help both the dead and those who remain behind.

CREATIVE DYING – USING PERMACULTURE TO DESIGN HOW WE DIE

WORKSHOP

Katie Shepherd

TIME: 2–4pm & 6–8pm (the same workshop twice)

VENUE: Unitarian Church. Meet at main doors **H**

Disabled parking only

BOOK: katie@ktshepherdpermaculture.com

INFO: Disabled parking only

Katie is a permaculture designer and palliative care nurse, and this workshop will bring the two together. How can we use permaculture to design how we die? "Earth Care, People Care, Fair Shares." For more information see creativedying.co.uk

THE CLEVEREST THIEF

PERFORMANCE

Libby Wattis

TIME: 3–5pm (Doors open at 2.45pm)

VENUE: Reading Room, Todmorden Library **G**

BOOK: No booking required

INFO: Age 16 plus

Join Florence in her journey into the lost land of Alzheimer's Disease. Poignant and humorous, this fictional account realistically portrays the challenge to Florence and her family as she gradually sees her memories jumbled and stolen by The Cleverest Thief.



THE SIGNIFICANT OTHER

TALK / Q&A

Brian Baylis, Open Doors, London

TIME: 5.30–7pm
(See also: 10th May)

VENUE: Meeting Room, Todmorden Library **G**

BOOK: No booking required

INFO: All welcome

Brian talks about his experience supporting another gay man with dementia in a care home. At first as an accepted advocate and carer, later excluded by social services, eventually leading to involvement by the Ombudsman. What are the lessons learnt?

I DON'T KNOW WHAT I'M SUPPOSED TO BE DOING

PERFORMANCE

Emma Decent

TIME: 7–9pm (doors open 6.45pm)

VENUE: Reading Room, Todmorden Library **G**

BOOK: pushingupdaisiestod@gmail.com

INFO: Max. 30 people. Priority to those who have booked

Emma's mum suffered from dementia. Now she's died, Emma finds herself wondering what she is supposed to be doing with herself. A funny, moving, inspiring tale about loss, re-evaluation, mother-daughter love and library books. www.emmadecent.co.uk 'Completely absorbing, entertaining and poignant.'



Photo credit: Lucy Cartwright

WEDNESDAY 10TH MAY

MEN AFFECTED BY SUICIDE

DISCUSSION

Daniel Weaver

TIME: 10am–12pm

VENUE: New Oddfellows Hall **F**

BOOK: todmordentherapy@gmail.com

INFO: Max. 20 people. Men only

Perhaps you have lost someone to suicide, felt suicidal or attempted to end your own life. Please attend this supportive group to share some of the strong feelings aroused by this difficult subject. This is NOT therapy, but gives space to share.

NATURAL FUNERAL FLOWERS

WORKSHOP

Kingfisher Flowers

TIME: 10.15–11.45am

VENUE: Todmorden Town Hall, Council Chamber **I**

BOOK: sallyb3uk@yahoo.co.uk or 07957 639878

INFO: Max. 20 people

Natural funeral flowers, chosen and arranged with love, can be a wonderful tribute. In this workshop, you'll have the chance to make a simple posy arrangement of seasonal flowers and foliage. All materials provided. [Facebook.com/kingfisherflowers](https://www.facebook.com/kingfisherflowers)

DEATH CAFÉ

DISCUSSION

Hosted by Todmorden United Benefice

TIME: 10.30am–4.30pm

VENUE: Todmorden Town Hall, Café Space **I**

BOOK: No booking required

INFO: Drop in anytime

Talk over a cuppa about issues around death and dying. Get advice on how to plan a funeral and ask questions about church funerals. Grief counsellors and clergy will be available.

THE ABILITY TO CHANGE THE FUTURE IS INSIDE YOU: WHAT TISSUE CAN YOU DONATE AFTER YOU DIE

TALK / Q&A

Joanne Mullarkey and Alan Chillingsworth.

TIME: 12–2pm

VENUE: Todmorden Town Hall, Council Chamber **I**

BOOK: No booking required

What's the difference between tissue, body and organ donation? Which tissues can you donate? How can they help the living? Support research? Reduce the number of animals used? Find out all ... Led by specialists from a Biobank at Bradford University and the NHS Tissue Donation Service

THE SIGNIFICANT OTHER

TALK / Q&A

Brian Baylis, Open Doors, London

TIME: 12.45–2.15pm

(See also: 9th May)

VENUE: New Oddfellows Hall **F**

BOOK: No booking required

INFO: All welcome

Brian talks about his experience supporting another gay man with dementia in a care home. At first as an accepted advocate and carer, later excluded by social services, eventually leading to involvement by the Ombudsman. What are the lessons learnt?

THE COMPASSIONATE EXECUTOR

TALK / Q&A

Jude Cohen

TIME: 2.15–3.15pm

VENUE: Reading Room, Todmorden Library **G**

BOOK: No booking required

A quick look at the legalities, then see how an executor can build upon the life of the deceased. How unexpectedly one man's death helped others developing similar interests, and one woman's death spread many small doses of happiness to strangers.



MEMENTOES

WRITING WORKSHOP

Emma Decent

TIME: 3–5pm (Doors open at 2.45pm)

VENUE: Reading Room, Todmorden Town Hall **I**

BOOK: No booking required

INFO: Age 16 plus. Bring your own notebook if you like. Pens and paper will be provided

The objects we treasure hold our memories and stories. Bring along or remember an object that has special meaning for you (ideally not a photo) at this relaxed and creative life-writing workshop. No writing experience necessary. With writer Emma Decent www.emmadecent.co.uk

WHAT ACADEMIC RESEARCH SAYS ABOUT THE DYING EXPERIENCE

TALK / Q&A

Prof. Allan Kellehear, University of Bradford

TIME: 3.30–5pm

VENUE: Todmorden Health Centre **J**

BOOK: No booking required

Allan Kellehear will give an overview of the various studies from medicine, anthropology, history, psychoanalysis and neuroscience about the different ways in which dying is understood. This will show how each is only a partial understanding of the experience as a whole.

GETTING YOUR HOUSE IN ORDER

TALK / Q&A

Mike Hall

TIME: 6–8pm

(See also: 11th & 12th May)

VENUE: Todmorden Town Hall, Council Chamber **I**

BOOK: Deragtar@gmail.com or 07852 355111

A practical, no nonsense approach to getting your legal and financial house in order: Wills, Lasting Power of Attorney, Trusts, Advance Decisions to Refuse Treatment, Organ/body/tissue donation, Funeral planning. Email Mike with additional requests.

TRAVELLING THE PATH INTO DEATH

Jen Altman

WORKSHOP

TIME: 6.15 for a 6.30 start – 8.30pm
VENUE: Union House. Room is upstairs **K**
BOOK: jennifer@bodyknowledge.plus.com
INFO: Max. 10 people. Wear loose clothing; bring a rug or blanket. Apologies, no disabled access

In the past people learned about death through accompanying the dying on their journey. This powerful practice allows us to experience the path into death in the safety of our imaginations. Jen has run workshops on dying for many years.

GILGAMESH

PERFORMANCE

Peter Findlay and friends

TIME: 6.00 for a 6.30 start – 8.30pm (approx)
VENUE: Todmorden Town Hall. Council Chamber **I**
BOOK: No booking required
INFO: Age 16 plus

The ancient tale of friendship, power, sex and death brought to vivid life with musicians Sonja Froebel, Ralph Nimman, Andrew Daley & Robert Orange.

“...made the oldest story in the world seen as fresh as if it was written today!” (Jollyboat)



Photo credit: Paula Solloway

THURSDAY 11TH MAY

WE'RE LISTENING NOW: LGBT AND END OF LIFE CARE

TALK

Val Bone and Ann Banks

TIME: 10.30am–12.30pm
VENUE: Todmorden Town Hall. Council Chamber **I**
BOOK: No booking required
INFO: Age 16 plus

Talk covering “Hiding Who I Am” (Marie Curie, 2016), which captures experiences of the LGBT community with end of life care needs. This will lead into a workshop exploring ways local palliative care services can become more inclusive.

REIKI WITH CATHERINE

INFO / SHORT TREATMENTS

Catherine Rousseau-Jones

TIME: 11am–1pm
VENUE: Todmorden Town Hall. Café Space **I**
BOOK: No booking required
INFO: For carers/owners of care homes/pet owners/bereaved. Drop in anytime

Discover how Reiki, the Japanese technique for relaxation and healing, can be used before, during and after death for you, your family and your pets. Catherine is a Reiki Master who has experienced offering Reiki around the time of passing.

DO YOU KNOW WHO I AM?

TALK

Ann Brown

TIME: 10.30 for a 10.45 start and 11.30 for a 11.45 start (1 hour duration)
VENUE: Meeting Room, Todmorden Library **G**
BOOK: No booking required

Ann Brown is an actor, writer, public speaker and independent funeral celebrant. Come and listen to her inspiring and amusing talk on the importance of deciding who you'd like to conduct your funeral and, most especially, what they'll say. www.annbrowncelebrant.co.uk

DEATH IN THE DIGITAL AGE

TALK

Jude Cohen

TIME: 12.45–13.45pm
VENUE: Todmorden Town Hall. Council Chamber **I**
BOOK: No booking required

Will your Facebook live forever? E-mail contacts never know what happened, or miss the chance to say goodbye? Will loved ones be the last in line, long after casual acquaintances hear about your death? Take control of your electronic legacy.

RETURN TO THE LAND OF YOUR SOUL

CHANTING

Ralph Nimmann

TIME: 2.15–3.45pm
VENUE: New Oddfellows Hall **F**
BOOK: No booking required
INFO: Please bring a cushion if you prefer to sit on the wooden floor

Experience the joy and power of chanting in a circle on the theme of love, death and resurrection. Chanting resonates with the chakras, activates energy flow and bliss, uplifts, and balances the mind. Accompanied by drum and guitar.

POEMS TO DIE FOR

POETRY READING / DISCUSSION

Jen Altman and Emma Decent

TIME: 2.30–4.30pm
VENUE: Meeting Room, Todmorden Library **G**
BOOK: jennifer@bodyknowledge.plus.com
INFO: Max. 20 people. Bring a printed copy of your poem(s) to display; we can photocopy if needed

Bring a poem to share about dying or one you would like read at your funeral, written by you or someone else. An anthology may follow. Jen leads workshops on fear of dying; Emma is a writer, poet and facilitator.



TALK ON 'ICONS FOR AN UNKNOWN FAITH'

TALK

John Fox of Dead Good Guides

TIME: 5–6pm
VENUE: Todmorden Town Hall. Café Space **I**
BOOK: No booking required

Join a talk followed by open discussion on the 16 small figurative oil paintings in the series 'Icons of an Unknown Faith'. Dream-like idiosyncratic images, windows for meditation on death by renowned vernacular artist John Fox. www.deadgoodguides.com

DID THE SCHOOL HAMSTER REALLY JUST "GO TO SLEEP"?

TALK / Q&A

Charlie Wilkinson & Michelle Street

TIME: 4.45 pm for 5pm start – 6pm. Doors close at 5pm
VENUE: Library, Shade Primary School **L**
BOOK: laura_ovenden@yahoo.co.uk
INFO: Max. 25 people. Parents only; no children. Apologies, no disabled access

Charlie and Michelle are nurses at the Forget Me Not children's hospice; they have tons of experience talking with children about death and dying and will share with parents ways to manage to have these sometimes difficult conversations.

KEEPING COMPANY

WORKSHOP

Gilly Adams and Sue Gill

TIME: 6–8pm (Doors open at 5.45pm)
(See also: 13th May)

VENUE: Todmorden Town Hall, Council Chamber **I**

BOOK: pushingupdaisiestod@gmail.com

INFO: Max. 12 people

An opportunity to explore the personal challenges involved in supporting someone who is choosing to make an end of life journey. With experienced secular celebrants and workshop leaders, Gilly Adams and Sue Gill of Dead Good Guides (www.deadgoodguides.com).



MEN'S GRIEF GROUP

DISCUSSION

Steve Anderson

TIME: 7–9pm (Doors open at 6.45pm)

VENUE: New Oddfellows Hall **F**

BOOK: steve.anderson1961@yahoo.co.uk

INFO: Men only

You are invited to an open session for men to explore their feelings around death, dying, and grief in a supportive environment. Introduced by local man Steve Anderson.

SINGING FOR THE DYING

MEETING

Amelie Lavan

TIME: 7.30–8.30pm

VENUE: Community Room, Todmorden Fire Station **E**

BOOK: No booking required

INFO: Max. 20 people

This is a one hour exploratory meeting to see if we can set up a singing group to visit hospices and homes of the dying to sing for them. We will look at other groups who do this and discuss how we might proceed.

THE C WORD

PERFORMANCE / Q&A

Andy Slowmanmusic

TIME: 8.30–9.30pm (Doors open at 8pm)

VENUE: Upstairs room, Golden Lion **M**

BOOK: No booking required

INFO: Max. 40 people. Apologies, no disabled access

A presentation, show. An in-depth and honest account of one man's cancer, from diagnosis to one year all clear. Includes visuals and descriptions of procedures which some people may find disturbing.

BURIED ALIVE? PAST FUNERAL CUSTOMS IN CALDERDALE

TALK

David Glover

TIME: 9.30–10.30pm (Doors open at 9.15)

VENUE: Unitarian Church **H**

BOOK: No booking required

INFO: Bring warm clothes

Who was buried alive in Halifax Parish Church? What was the burial of eccentric Jonathan Walsh like and where did the drunken gravedigger chose to sleep? Enjoy these and other spooky, quirky and funny stories of Calderdale folk from local historian.

DEATH DISCO

DISCO

Slomanmusic

TIME: 9.30–>

VENUE: Upstairs Room, Golden Lion **M**

BOOK: No booking required. Apologies, no disabled access

What song represents you? What will you play at your funeral? Party the night away to a DJ set by sloman and Funeral Barbie, consisting of tunes you lot would like to hear at your funerals. Email suggestions to slomanmusic@yahoo.co.uk or darkmatterpromotion@gmail.com



FRIDAY 12TH MAY



THE CROSSING

DISCUSSION

Ellie Harrison

TIME: 10am–3.30pm

VENUE: Todmorden Town Hall, Café Space **I**

BOOK: No booking required

INFO: Drop in anytime

The Crossing is a collection of illustrated resources designed to help you think about and plan a funeral. Drop in to meet artist Ellie Harrison, and be guided through a series of questions to help you imagine your ideal celebration.

IAPT – IMPROVING ACCESS TO PSYCHOLOGICAL THERAPIES

INFO SHARING

Louise Holdsworth-Tulk

TIME: 10.30am–4pm

VENUE: Todmorden Town Hall, Café Space **I**

BOOK: No booking required

INFO: Age 18 plus. Drop in anytime

Talking therapies, such as Guided Self-Help, Cognitive Behavioural Psychotherapy and Counselling, have been shown to be helpful in the treatment of depression and anxiety, especially in relation to the complexities surrounding bereavement. Talk to Louise about how we can help.

IS A HOSPICE JUST FOR DYING IN?

TALK / Q&A

Rachel Sheils

TIME: 11am–1.00pm

VENUE: Meeting Room, Todmorden Library **G**

BOOK: No booking required

INFO: Max. 20 people

An opportunity to ask questions you may have been fearful to ask about what hospices do and consider when you might choose hospice care. Rachel, the medical director of one of our local hospices Overgate, will share her experiences with us.

FAITH, FEAR AND PHILIP LARKIN

DISCUSSION

Martin Parrott

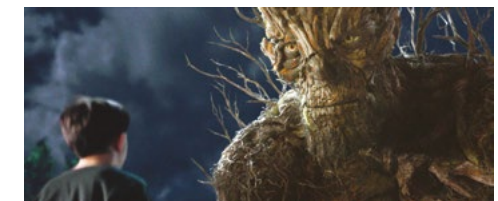
TIME: 1.15–2.45pm

VENUE: Todmorden Town Hall, Council Chamber **I**

BOOK: No booking required

INFO: All welcome

Tea and cake with local Vicar Martin Parrott. "My fear of death has been life-long. It is good to get it out into the open and share what resources we may have to manage this most important fact of life". A conversation using Larkin's poem Aubade to get us started.



A MONSTER CALLS

FILM

Calderdale Libraries

TIME: 2–3.50pm (Doors open at 1.30)

VENUE: Meeting Room, Todmorden Library **G**

BOOK: todmorden.library@calderdale.gov.uk

01706 815600 or via Eventbrite

INFO: 12A certificate

A boy seeks the help of a tree monster to cope with his single mother's terminal illness. A moving mix of live action and digital animation for older children and adults alike. One of 2017's first true masterpieces.

WHO DO YOU THINK YOU ARE?

WORKSHOP

Amelie Lavan

TIME: 3–4.30pm

VENUE: Todmorden Town Hall, Council Chamber **I**

BOOK: No booking required

INFO: Please bring any family tree research and old photographs, pen and paper

A one and half hour workshop on writing your family history and capturing its stories for future generations. Amelie Lavan has written biographies for families as legacies for relatives, especially grandchildren. She will share her experiences in this practical workshop.



DEADLY QUIZ FOLLOWED BY PLAYBACK THEATRE

QUIZ / PERFORMANCE

Mary Clear and Jude Cohen, ThreadBear Theatre

TIME: 7–9pm

VENUE: Upstairs at The Old Co-Op (The Bear as was) **N**

BOOK: No booking required

INFO: Food and drink to buy. No cheaters. Apologies, no disabled access

Time to get stuck in. Do those fingernails grow underground? How many folk die each year in the UK? Bring your quiz team, dead or alive, and test the old grey matter. Followed by ThreadBear Theatre who will take us on the unpredictable and often hilarious journey of playback. The audience is invited to tell a story from their own life, then see it immediately 'played back'. Welcoming, edgy, alive.

SATURDAY 13TH MAY

DEMENTIA AWARENESS

TRAINING

Dementia Friendly Todmorden

TIME: 9.30–11am & 1.30–3pm

(See also: 8th & 9th May)

VENUE: Community Room, Todmorden Fire Station **E**

BOOK: 01706 813541 or
Geoffrey.Shaw01@westyorkshire.gov.uk

INFO: Max. 10 people

These awareness sessions are to help those who care for, come into contact with or know people with dementia. The sessions will help you understand what dementia is like to live with, and how you can assist.



BIG HERO 6

FILM

Calderdale Libraries

TIME: 11am–12.45pm. (Doors open at 10.30am)

VENUE: Meeting Room, Todmorden Library **G**

BOOK: todmorden.library@calderdale.gov.uk
01706 815600 or via Eventbrite

INFO: PG certificate

Follow the story of the special bond that develops between plus-sized inflatable robot Baymax, and prodigy Hiro Hamada, who team up with a group of friends to form a band of high-tech heroes. One of Disney's best recent animations.

SKULL PAINTING!

CRAFT

Calderdale Libraries

TIME: 1–2pm

VENUE: Reading Room, Todmorden Library **G**

BOOK: No booking required

Come along and paint your own Mexican Day of the Dead Skull.

WATERSIDE WONDERS

FINAL FLING

PUD Central

TIME: 2–4pm

VENUE: Fielden Wharf **O**

BOOK: No booking required

Come along and join in the magic, dancing and music. Share a care in our Tea and Sympathy tent, commemorate your loved ones and have your memory boats blessed by Buddhist Monks. Join in our Fancy Dress competition (come as either Frida Khalo or Death!). Flower headdress materials available. Fancy dress parade 3.45pm.

A TRIBULATION CONCERT

PERFORMANCE

Oakenhoof Folk Arts & Friends

TIME: 3.30–5.30pm

VENUE: Unitarian Church **H**

BOOK: No booking required

Funny songs, dances and performances in tribute to our friend and inspiration, a wonderful performer and comic genius who died at the end of 2016. Join in, be entertained and remember your own loved ones with fondness.

KEEPING COMPANY

WORKSHOP

Gilly Adams and Sue Gill

TIME: 4.30–6.30pm. Doors open 4.15pm
(See also: 11th May)

VENUE: New Oddfellows Hall **F**

BOOK: pushingupdaisiestod@gmail.com

INFO: Max. 12 people

An opportunity to explore the personal challenges involved in supporting someone who is choosing to make an end of life journey. With experienced secular celebrants and workshop leaders, Gilly Adams and Sue Gill of Dead Good Guides (www.deadgoodguides.com).

FIREY FOLKY FUNERAL FEAST

FESTIVAL CLOSING

Tod Folk Festival

TIME: 7–9pm (Doors open at 6.30pm)

VENUE: Unitarian Church **H**

BOOK: No booking required

Join us as we share heart-wrenching ballads, killer choruses and murderous melodies. The music will be accompanied by a wonderful funeral feast curated by Jo Rainford. Afterwards we will burn the letters to the dead in a ceremonial firepit, sending them skyward accompanied by fire dancing from Dimitri of FlameOz.



WHOSE LIFE IS IT ANYWAY?

FILM

Calderdale Libraries

TIME: 4.10–6.10pm (Doors open at 3.55pm)

VENUE: Meeting Room, Todmorden Library **G**

BOOK: todmorden.library@calderdale.gov.uk
0170 6815600 or via Eventbrite

INFO: 15 certificate

Ken Harrison is a brilliant young sculptor with a promising career. His life changes drastically when he is involved in a crippling car accident and he becomes the patient of Dr. Michael Emerson. A battle of humour and pathos begins.



Pushing Up Daisies is organised by a group of Tod folk who find talking about and planning for end of life pretty scary, and losing people pretty painful. We'd like all this stuff to be easier, kinder, more communal and not just in the hands of professionals.

This festival is about people learning stuff, making friends and building community.

In a compassionate community, provided that people are encouraged to do so, "everyone can have a useful role to play in promoting health and wellbeing at the end of life irrespective of their usual social roles and occupations"*



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Council

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Pushing Up Daisies is the initiative of three women training to become Death Doulas, also known as End of Life Companions (Mary Clear, Hannah Merriman and Sue Robinson). To find out more about the training they are doing, go to: www.livingwelldyingwell.net

* "Public Health Approaches to End of Life Care: A Toolkit" – Karapliagkou, A. & Kellehear, A. (2013)

pushingupdaisiestod@gmail.com

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